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# body + soul

## The World's Best Diet!

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## Safer Swimming Pools

You know it's spring when flowers begin to bloom, birds chirp a little louder, and pool owners start getting their swimming holes up to par. Unfortunately, this last endeavor involves chemicals—lots of them. This season, take steps to limit the use of potentially hazardous add-ins. Ecosmarte ([ecosmartepool.com](http://ecosmartepool.com)) uses a copper ionization and liquid oxidation system to fend off algae and banish bacteria. To keep your pool clear, not cloudy, SeaKlear ([seaklear.com](http://seaklear.com)) takes byproducts from the shrimp, lobster, and crab industries and turns them into a petroleum-free clarifier. And while Zodiac Pool Care's Nature2 ([nature2.com](http://nature2.com)) cartridges don't eliminate the need for chlorine, they do cut down on the amount you would need to add by 50 to 80 percent.

## In the Bag

Whether you're going away for the night or a month, pack your natural cosmetics the ecofriendly way—and prevent spills in your purse or suitcase—with these fashionable pouches made from sustainable and recycled materials.



**For an Overnight** A planet-friendly take on the classic vinyl dop kit, each one-of-a-kind KT Make-Up Bag from GG2G is crafted from discarded billboards. This durable pouch tucks easily into even the smallest of travel bags and stands up on its own to provide easy countertop access to your necessities. \$30, [gg2g.com](http://gg2g.com)



**For the Weekend** Amenity's easily packable Large Zipper Bag has plenty of room for all your day-to-day toiletries. Similar to the brand's bedding, the soft, eye-catching fabric—a blend of hemp and organic cotton—is sewn and hand-printed with nontoxic, water-based inks in Los Angeles. \$45, [amenityhome.com](http://amenityhome.com)



**For an Extended Stay** The Bowling Bag by Apple & Bee opens wide to allow room for full-size products and comes equipped with a waterproof lining and inner pockets to organize smaller cosmetics. With organic cotton, leather handles, and a timeless shape, it's stylish enough to tote on its own. \$47.99, [appleandbee.com](http://appleandbee.com)